



PROSTATE HEALTH NOTIFICATION

As part of Titan T Centers regard for your personal health and since we are administering a potential prostate growth stimulant we will monitor the health of your prostate while participating in Testosterone Replacement Therapy. This is accomplished by A) completing the AUA (American Urologic Association) questionnaire every six months (In this new patient packet). B) Obtaining a PSA (Prostatic Specific Antigen) Blood Level routinely. C) Having a DRE (Digital Rectal Examination) performed periodically as part of your annual physical examination with your PCP (Primary Care Physician). A) & B) are performed in our office and C) is your responsibility to insure compliance. We ask that you provide documentation of your DRE exam and findings when performed by your PCP for our records. If your PCP feels it is unnecessary to have a Digital Rectal Examination kindly have them provide this in writing for our medical records.

It is strongly recommended that all men begin screening with a Digital Rectal Examination at the age of 40 years old and is required annually by the age of 50 years old. This is highly advised even more so if a family member has a history of prostate disease. Because your prostate health can be affected when participating in a TRT (Testosterone Replacement Therapy) treatment program it is necessary that all patients comply with this highly regarded guideline. Note: Only occasionally will a man develop an increase in the size of their Prostate over a period of time. TRT does not cause Prostate Cancer, but rarely increases the size of the Prostate Gland.

What is your current age? _____

When was your last Physical Examination by your PCP? _____

Have you had a Digital Rectal Examination? Yes / No Results: _____

By signing below I understand the necessity of a thorough Prostate Evaluation. I will comply with the recommended guidelines and provide documentation to Titan T Center upon completion of the evaluation.

Patient's Signature

Date