

## PATIENT REGISTRATION & HISTORY FORM

| Patient Last Name:                    | First name:                 | MI:                   | Today's Date: |
|---------------------------------------|-----------------------------|-----------------------|---------------|
| Address:                              | _ City:                     | _ State:              | Zip:          |
| Home #: ()                            | Work #: ()                  | Cell #                | <b>#</b> : (  |
| DOB:/ AGE: _                          | Height:                     | Weigh                 | t:            |
| SS#                                   | Married/Single/Divorced/    | Widowed               |               |
| Employer:                             | Occupation:                 |                       |               |
| Email Address:                        |                             |                       |               |
| Emergency Contact Name:               |                             |                       |               |
| Emergency Contact #:                  |                             |                       |               |
| Primary Insurance:                    | _ Secondary Insurance:      |                       |               |
| ID: Group#:                           | ID#:                        | Group#:               | _             |
| Name of Policy Holder:                | Name of Policy Holder:      |                       |               |
| Relationship to Patient:              | _Relationship to Patient:   |                       |               |
| Policy Holder's DOB:                  | Policy Holder's DOB:        |                       |               |
| How did you hear about us?            |                             |                       |               |
| Walk-inFamily/FriendBr                | ochureInternetTel           | evisionRadio          |               |
| Reason for visit:                     |                             |                       |               |
| Symptoms Began:                       | Have you ever used anabolic | steroids or boosters? | Yes No        |
| Overall Symptom Severity Mild _       | Moderate Severe             |                       |               |
| Fatigue? Mild Moderate                | _ Severe                    |                       |               |
| Lack of Energy Mild Moder             | ate Severe                  |                       |               |
| Decreased Libido/Sex Drive? Mil       | d Moderate Sever            | e                     |               |
| Erectile Dysfunction? Mild M          | Ioderate Severe             |                       |               |
| Morning Erection: None Ra             | rely Normal                 |                       |               |
| Mental Fatigue/Decrease Memory/Intell | ectual Performance: Slig    | htModerateS           | Severe        |
| Unexplained Weight Gain? Mild         | Moderate Severe             | If so, how much       |               |
| Weight loss goal (if applicable)      |                             |                       |               |
| Sadness/Depression/Moodiness?         | Mild Moderate Se            | evere                 |               |
| Decreased Muscle Size or Strength     | Slight Moderate             | Severe                |               |

| Decrease in Physical A  | Activity:      | _ Slight _  | Moderate           | Severe      |                        |  |  |  |  |
|---|----------------|-------------|--------------------|-------------|------------------------|--|--|--|--|
| Sleep Trouble?  | _Yes           | _No         | Sleep Apnea?       | Yes         | No                     |  |  |  |  |
| Check if you have:  | _ Nipple ti    | ngling/ten  | derness Brea       | ast tissue  | Hand/Foot swelling     |  |  |  |  |
| Medical History-Self and/or Family (Check all that apply)                             |                |             |                    |             |                        |  |  |  |  |
| Sleep Apnea/Snoring   | Self _         | Family      | Kidney Dise        | ease        | Self Family            |  |  |  |  |
| Anxiety Depression  | Self _         | Family      | Obesity            |             | Self Family            |  |  |  |  |
| Liver Disease   | Self           | _ Family    | Heart Dise         | ase/Stroke  | Self Family            |  |  |  |  |
| Hypertension  |                |             | High Chole         |             | Self Family            |  |  |  |  |
| 2   | Self           | •           | HIV Positi         |             | Self Family            |  |  |  |  |
|   | Self           |             | Blood Disc         |             | Self Family            |  |  |  |  |
| Diabetes Type 1 or 2  |                | •           | Hemochro           |             | Self Family            |  |  |  |  |
| Thyroid Cancer  |                | •           | Prostate Ca        |             | Self Family            |  |  |  |  |
| Thyroid Enlargement   |                | •           | Prostate En        | -           | Self Family            |  |  |  |  |
| Hypothyroidism  |                | •           | Breast Can         | cer         | Self Family            |  |  |  |  |
| Hypogonadism  |                |             | ADHD               | ı           | Self Family            |  |  |  |  |
| Peripheral Arterial Dis   |                |             | Self Famil         | •           |                        |  |  |  |  |
| Reproductive/Fertility<br>Polycystic Ovarian Syr                                      |                |             |                    |             |                        |  |  |  |  |
| Chronic Lymph Node  |                |             | Self Famil         | •           |                        |  |  |  |  |
| Prior Testosterone rep  | _              |             |                    | •           |                        |  |  |  |  |
| List all medications you are currently taking:  |                |             |                    |             |                        |  |  |  |  |
| Are you allergic to any medications, foods, or vegetable/seed oils? Yes No List them: |                |             |                    |             |                        |  |  |  |  |
| Other Past Medical History/Current Medical Issues/Past Surgeries                      |                |             |                    |             |                        |  |  |  |  |
| Other Family Medical History:   |                |             |                    |             |                        |  |  |  |  |
| Have you had a comp   | rehensive p    | hysical exa | m in the last 12 m | onths?      | _ Yes No               |  |  |  |  |
| If 40 years old or older, have you had a prostate exam in the last 12 months? Yes No  |                |             |                    |             |                        |  |  |  |  |
| Date of last DRE (Dig   | gital Rectal l | Exam)       | (month/ye          | ear) DRE RE | ESULTS Normal Abnormal |  |  |  |  |
| Smoking Tobacco Uso   | e: Nor         | ne O        | ccasional Fr       | equent      | _ Daily                |  |  |  |  |
| Opioid or Pain Medication Use: None Occasional Frequent Daily                         |                |             |                    |             |                        |  |  |  |  |
| Alcohol Use: None Occasional Frequent Daily   |                |             |                    |             |                        |  |  |  |  |
| Recreational Drug Use: None Occasional Frequent Daily                                 |                |             |                    |             |                        |  |  |  |  |
| Caffeine Use: None Occasional Frequent Daily  |                |             |                    |             |                        |  |  |  |  |
| Do you have children? Yes No Do you want more children? Yes No                        |                |             |                    |             |                        |  |  |  |  |
| What is your exercise level? Sedentary Occasional Regular                             |                |             |                    |             |                        |  |  |  |  |

| Symptom Review:                |  |                   |  |  |  |
|--------------------------------|--|-------------------|--|--|--|
| Decreased Appetite             | Vomiting                                 | Irritability      |  |  |  |
| Night Sweats                   | Abdominal Pain                           | Suicidal Thoughts |  |  |  |
| Blurry/Double Vision           | Urinary Frequency                        | Low Self-Esteem   |  |  |  |
| Visual Disturbances            | Frequent Urination at Nighttime Insomnia |                   |  |  |  |
| Hearing Loss                   | Urinary Urgency                          |                   |  |  |  |
| Ringing in the Ears            | Urinary Hesitation                       |                   |  |  |  |
| Altered Sense of Smell         | Dribbling after Urination                |                   |  |  |  |
| Acne                           | Painful Urination                        |                   |  |  |  |
| Rash                           | Blood in Urine                           |                   |  |  |  |
| Shortness of Breath            | Dizziness                                |                   |  |  |  |
| Persistent Nonproductive Cough | Frequent Headaches                       |                   |  |  |  |
| Wheezing                       | Single Extremity Weakness                |                   |  |  |  |
| Chest Pain/Pressure            | Intolerance Hot/Cold                     |                   |  |  |  |
| Fainting Spells                | Chronic Pain                             |                   |  |  |  |
| Palpitations                   | Joint Pain                               |                   |  |  |  |
| Swallowing Difficulties        | Excessive Thirst                         |                   |  |  |  |
| Heart Burn                     | Appetite Problem                         |                   |  |  |  |
| Persistent Nausea              |  |                   |  |  |  |
|                                |  |                   |  |  |  |
| Patient Signature:             | Date:                                    |                   |  |  |  |